



Health Screening Commitment Form

To protect our Spring-Mar families and staff, I commit to complete a daily health screening of my child using the Daily Health Screening Questionnaire and to not to send my child to school when he/she is sick or feeling unwell with the symptoms consistent with COVID-19. This commitment will apply to all children in my home who attend Spring-Mar Cooperative Preschool.

I agree to screen all Spring-Mar children in my home each day prior to sending him/her to school and agree to keep my child at home if he/she has:

- Feeling feverish and/or having chills (temperature/fever of 100.4°F or greater)
- A new cough, shortness of breath, or difficulty breathing not due to another health condition
- Fatigue (more tired than usual)
- Nasal congestion or runny nose
- Headache
- Sore throat
- New muscle pain or body aches not due to another health condition or that may have been caused by a specific activity such as physical exercise
- New loss of taste or smell, new onset of poor appetite or poor feeding
- Abdominal pain, diarrhea, nausea, vomiting

I understand that the Daily Health Screening Questionnaire may change over time as required by the Centers for Disease Control and Prevention (CDC) and that Spring-Mar Cooperative Preschool will update the health screening questions, as required. Spring-Mar Cooperative Preschool will communicate any necessary changes to me and I agree to continue daily health screenings based on the current requirements.

I agree not to send my child back to school if he/she has any of these signs of COVID-19 until:

- My child tested negative for COVID-19 and is otherwise well enough to go back to school **OR**
- A healthcare provider has seen my child and documented a reason for the symptoms other than COVID-19 **OR**
- All are true: 1) at least 10 days since the start of symptoms **AND** 2) fever free off anti-fever medicines for 24 hours **AND** 3) symptoms are improving

I agree not to send my child back to school if he/she is diagnosed or confirmed with COVID-19, until the following are met:

- It has been at least 10 days since my child first had symptoms **AND**
- My child has had no fever off anti-fever medicines (ex: Tylenol, Ibuprofen) for 24 hours **AND**
- My child's symptoms are improving

I agree to take my child to a physician for evaluation and completion of the Permission to Return to School each time my child is sent home ill during the school day.

If someone in my household has been diagnosed or confirmed with COVID-19, or my child is exposed, I agree to keep my child home for 14 days after their last exposure to the household member.

***Exposure is defined as 15 minutes of individual exposures added together over a 24-hour period (e.g., three 5-minute exposures for a total of 15 minutes). A person with COVID-19 is considered contagious starting 2 days before they became sick, or 2 days before they tested positive if they never had symptoms.**

If someone in my household develops any of the above symptoms, I will get that person evaluated by a health care provider and/or tested for COVID-19. If that person tests positive or is diagnosed with COVID-19, I will keep my child home for 14 days after their last exposure to this household member **OR** as above if my child tests positive.

If I am co-oping or acting as the Cleaning Aide at Spring-Mar, I commit to complete a daily health screening of myself using the Daily Health Screening Questionnaire and to follow all guidelines listed above.

Child #1's Name: _____ Date of Birth: _____

Child #2's Name: _____ Date of Birth: _____

Parent/Guardian's Name: _____

Parent/Guardian's Signature: _____ Date: _____